CFB / BFC ESQUIMALT
NAVY RUN
COURSE DE LA MARINE
20
10K
OUT / PARTIR
RETURN / RETOUR
Esquimalt
Red Barn Market
Panago
Bosley's
McDonald's
Carlisle Avenue
Bullen Park
Lyall Street
Joffre Street
Juno Street
Heald Avenue
Grafton Street
Constance Avenue
Fraser Street
Wychbury Avenue
Greenwood Avenue
Kinver Street
Lampson Street
Foster Water Access
Saxe Point Park
Kinver Water Access
Buxton Green
GILLINGHAM ISLANDS
Barnard Park
Victoria Outer Harbour
1
2
3
4
5
6
7
8
9
10