

White Sangria Mocktail



Ingredients

- 1 bottle non-alcoholic white wine (or white grape juice)
- 1 cup apple cider (or cloudy apple juice)
- ¼ cup lemon juice
- 1 sliced apple
- 1 sliced blood orange (or regular orange)
- 3 cinnamon sticks (plus more for optional garnish)
- 2 star anise (plus more for optional garnish)
- Some maple syrup to sweeten if needed (or your choice of sweetener).

Directions

1. Place the wine (or alternative), apple cider, lemon juice, fruit and spices into a pitcher and place in the fridge to infuse for at least one hour.
2. Just before you're ready to serve, taste the Sangria. If you prefer it a little sweeter, add a tablespoon of maple syrup or your choice of sweetener. Stir, then taste again. Repeat until it's just the way you like it.
3. Fill your glass with ice, add some extra fruit and spices, then serve.