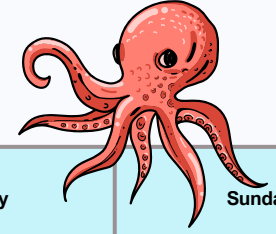
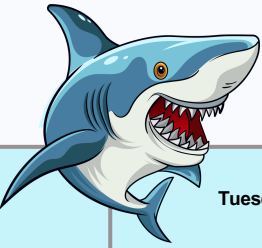


# COL J.J. PARR SPORTS CENTRE

## AQUATIC SCHEDULE - EFFECTIVE JULY 6, 2026



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Early Bird Adult & Youth Lane Swim 6:00 - 7:30am	Early Bird Lane Swim 6:00 - 7:30am	Early Bird Adult & Youth Lane Swim 6:00 - 7:30am	Early Bird Lane Swim 6:00 - 7:30am	Early Bird Adult & Youth Lane Swim 6:00 - 7:30am		
Aquafit 8:00 - 9:00am		Aquafit 8:00 - 9:00am				
Swimming Lessons 9:00 - 11:30am				PSP Summer Camp 10:00 - 11:30am	Birthday Party Bookings 10:00 - 11:00am	Birthday Party Bookings 10:00 - 11:00am
Noon Lane Swim & Parent & Tot Swim 11:30am - 1:00pm					Birthday Party Bookings 11:30am - 12:30pm	Birthday Party Bookings 11:30am - 12:30pm
Private Bookings 1:00 - 2:30pm					Lane Swim & Parent & Tot Swim 1:00 - 2:30pm	Lane Swim & Parent & Tot Swim 1:00 - 2:30pm
Public Swim 2:30 - 4:00pm	Physio 2:45 - 3:45pm	Public Swim 2:30 - 4:00pm		Public Swim 2:30 - 4:30pm	Family Swim 2:30 - 4:00pm	Family Swim 2:30 - 4:00pm
Swimming Lessons 4:00 - 6:00pm				Lane Swim 5:00 - 6:00pm	Public Swim 4:00 - 5:30pm	Public Swim 4:00 - 5:30pm
Public Swim 6:00 - 8:00pm	Aquafit 6:30 - 7:30pm	Public Swim 6:30 - 8:00pm	Aquafit 6:30 - 7:30pm	<p>Schedule is subject to change without notice. Statutory holidays will follow our weekend hours schedule. Call 780-840-8000 x 690-7806 option 1 for daily aquatic updates</p>		
Lane Swim 8:00 - 9:00pm	Adult & Youth Lane Swim 7:30 - 9:00pm	Lane Swim 8:00 - 9:00pm	Adult & Youth Lane Swim 7:30 - 9:00pm			