

Swimming Lessons – Fall 2026
Registration opens September 15, 2026 @ 9:00am – Online only
<https://bk.cfpsa.com/coldlakepub/index.asp>

Session	Time	Class	Code
Monday Oct 19 - Dec 7, 2026 *runs once a week for 8 weeks	4:30-5:00	Preschool 1	AQU262701263L
	4:30-5:00	Preschool 4	AQU262701264L
	5:00-5:30	Preschool 2	AQU262701265L
	5:00-5:45	Swimmer 1	AQU262701448L
	5:30-6:15	Swimmer 4	AQU262701449L
	5:45-6:30	Swimmer 2	AQU262701450L

Session	Time	Class	Code
Tuesday Oct 20 - Dec 8, 2026 *runs once a week for 8 weeks	4:30-5:00	Parent & Tot 1/2	AQU262701266L
	4:30-5:00	Preschool 2	AQU262701267L
	4:30-5:15	Swimmer 3	AQU262701451L
	5:00-5:30	Preschool 1	AQU262701268L
	5:00-5:45	Swimmer 2	AQU262701452L
	5:15-6:00	Swimmer 1	AQU262701453L
	5:30-6:00	Preschool 3	AQU262701269L
	7:30-8:30	Adult - Strokes	AQU262701601L

Session	Time	Class	Code
Wednesday Oct 21 - Dec 16, 2026 No class Nov 11, 2026 *runs once a week for 8 weeks	4:30-5:00	Parent & Tot 3	AQU262701270L
	4:30-5:00	Preschool 1	AQU262701271L
	4:30-5:15	Swimmer 1	AQU262701454L
	5:00-5:30	Preschool 5	AQU262701272L
	5:00-5:45	Swimmer 3	AQU262701455L
	5:15-6:00	Swimmer 5/6	AQU262701456L
	5:30-6:15	Swimmer 2	AQU262701457L
	5:45-6:30	Swimmer 1	AQU262701458L
	6:00-6:30	Preschool 2	AQU262701273L

Session	Time	Class	Code
Thursday Oct 22 - Dec 10, 2026 *runs once a week for 8 weeks	4:45-5:30	SwimAbilities 1/2	AQU262701459L
	5:30-6:00	SwimAbilities 3/4	AQU262701460L

Session	Time	Class	Code
Saturday Oct 24 - Dec 12, 2026 *runs once a week for 8 weeks	9:00-9:30	Parent & Tot 1/2	AQU262701274L
	9:00-9:30	Preschool 5	AQU262701275L
	9:00-10:00	Adult - Beginner	AQU262701602L
	9:30-10:00	Preschool 1	AQU262701276L
	9:30-10:15	Swimmer 5/6	AQU262701461L
	10:00-10:30	Preschool 3	AQU262701277L
	10:00-11:00	Youth Swimmer	AQU262701462L
	10:15-11:00	Swimmer 1	AQU262701463L
	10:30-11:00	Parent & Tot 3	AQU262701278L
	11:00-11:30	Preschool 1	AQU262701279L
	11:00-11:30	Preschool 4	AQU262701280L
	11:00-11:45	Swimmer 2	AQU262701464L
	11:30-12:00	Preschool 2	AQU262701281L
	11:30-12:15	Swimmer 3	AQU262701465L
	11:45-12:30	Swimmer 4	AQU2627014616
	12:00-12:30	Preschool 3	AQU262701282L
	12:00-12:30	Preschool 2	AQU262701283L

Session	Time	Class	Code
Tuesday & Thursday Oct 20 - Nov 12, 2026 *runs twice a week for 4 weeks	9:00-9:30	Parent & Tot 1/2	AQU262701284L
	9:30-10:00	Preschool 1	AQU262701285L

Session	Time	Class	Code
Tuesday & Thursday Nov 17 - Dec 10, 2026 *runs twice a week for 4 weeks	9:00-9:30	Preschool 2	AQU262701286L
	9:30-10:00	Parent & Tot 3	AQU262701287L

Session	Time	Class	Code
Fridays Oct 23 - Dec 11, 2026	9:00-9:45	Waves & Wiggles	WEL262717003
Sundays Oct 25 - Dec 13, 2026	9:00-9:45	Tide & Tumble (2-3)	WEL262717004
Sundays Oct 25 - Dec 13, 2026	9:00-9:45	Tide & Tumble (4-5)	WEL262717005

Level	Class Length	Defence Team	Non-Defence Team
Parent & Tot	30 min	\$50	\$60
Preschool	30 min	\$50	\$60
Swimmer	45min	\$60	\$70
Youth & Adult	1 hour	\$100	\$110
Waves & Wiggles	45min	\$85	\$95
Tide & Tumble	45min	\$85	\$95