





COL J.J. PARR SPORTS CENTRE

AQUATIC SCHEDULE - EFFECTIVE OCTOBER 14, 2025

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday					
Early Bird Adult & Youth Lane Swim 6:00 - 7:30am		Early Bird Lane Swim 6:00 - 7:30am		Early Bird Adult & Youth Lane Swim 6:00 - 7:30am		Early Bird Lane Swim 6:00 - 7:30am		Early Bird Adult & Youth Lane Swim 6:00 - 7:30am									
Aquafit 9:00 - 10:00am		Daytime Lessons 9:00 - 10:00am		Aquafit 9:00 - 10:00am		Daytime Lessons 9:00 - 10:00am		Waves & Wiggles 9:00 - 9:45am				Tide & Tumble 9:00 - 9:45am					
School Bookings 10:00 - 11:30am								Parent & Tot Swim 10:00 - 11:30am		Swimming Lessons 9:00am - 12:00pm		Birthday Party Bookings 10:00 - 11:00am					
Noon Lane Swim & Parent & Tot Swim 11:30am - 1:00pm												Birthday Party Bookings 11:30am - 12:30pm					
School Bookings 1:00 - 2:30pm										Lane Swim & Parent & Tot Swim 1:00 - 2:30pm		Lane Swim & Parent & Tot Swim 1:00 - 2:30pm					
		Physio 2:45 - 3:45pm										Family Swim 2:30 - 4:00pm		Family Swim 2:30 - 4:00pm			
Marlins Swim Club 4:30 - 6:00pm				Marlins Swim Club 4:30 - 6:30pm		Marlins Swim Club 4:30 - 6:00pm				Public Swim 4:00 - 5:30pm		Public Swim 4:00 - 5:30pm					
Swimming Lessons 4:30 - 6:00pm				Swimming Lessons 4:30 - 6:30pm		SwimAbilities 4:45 - 6:15pm				<div>Schedule is subject to change without notice. Statutory holidays will follow our weekend hours schedule. Call 780-840-8000 x 690-7806 option 1 for daily aquatic updates</div> 							
Public Swim 6:00 - 8:00pm		Adult & Youth Lane Swim 6:00 - 9:00pm		Aquafit 6:30 - 7:30pm		Public Swim 6:30 - 8:00pm		Adult & Youth Lane Swim 6:00 - 9:00pm						Aquafit 6:30 - 7:30pm		Toonie Swim 6:00 - 8:00pm	
Lane Swim 8:00 - 9:00pm						Lane Swim 8:00 - 9:00pm											