

COL J.J. PARR SPORTS CENTRE

AQUATIC SCHEDULE - EFFECTIVE OCTOBER 13, 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Early Bird Adult & Youth Lane Swim 6:00 - 7:30am	Early Bird Lane Swim 6:00 - 7:30am	Early Bird Adult & Youth Lane Swim 6:00 - 7:30am	Early Bird Lane Swim 6:00 - 7:30am	Early Bird Adult & Youth Lane Swim 6:00 - 7:30am		
Parent & Tot Swim 8:30 - 9:30am				Aquafit 8:00 - 9:00am		
Aquafit 9:00 - 10:00am	Daytime Lessons 9:00 - 10:00am	Aquafit 9:00 - 10:00am	Daytime Lessons 9:00 - 10:00am	Waves & Wiggles 9:00 - 9:45am	Swimming Lessons 9:00am - 12:00pm	Tide & Tumble 9:00 - 9:45am
School Bookings 10:00 - 11:30am						Birthday Party Bookings 10:00 - 11:00am
Noon Lane Swim & Parent & Tot Swim 11:30am - 1:00pm						Birthday Party Bookings 11:30am - 12:30pm
School Bookings 1:00 - 2:30pm					Lane Swim & Parent & Tot Swim 1:00 - 2:30pm	Lane Swim & Parent & Tot Swim 1:00 - 2:30pm
	Physio 2:45 - 3:45pm	Parent & Tot Swim 2:30 - 3:30pm			Family Swim 2:30 - 4:00pm	Family Swim 2:30 - 4:00pm
Marlins Swim Club 4:30 - 6:30pm	Marlins Swim Club 4:30 - 6:00pm	Marlins Swim Club 4:30 - 6:30pm	Marlins Swim Club 4:30 - 6:00pm		Public Swim 4:00 - 5:30pm	Public Swim 4:00 - 5:30pm
Swimming Lessons 4:30 - 6:30pm	Swimming Lessons 4:30 - 6:00pm	Swimming Lessons 4:30 - 6:30pm	Swimming Lessons 4:30 - 6:00pm			
Public Swim 6:30 - 8:00pm	Aquafit 6:30 - 7:30pm	Public Swim 6:30 - 8:00pm	Aquafit 6:30 - 7:30pm	Toonie Swim 6:00 - 8:00pm		
Lane Swim 8:00 - 9:00pm	Adult Swimmer - Strokes 7:30 - 8:30pm Adult & Youth Lane Swim 7:30 - 9:00pm	Lane Swim 8:00 - 9:00pm	Adult & Youth Lane Swim 7:30 - 9:00pm			

Schedule is subject to change without notice.
Statutory holidays will follow our weekend hours schedule.
Call 780-840-8000 x 690-7806 option 1 for daily aquatic updates

