

# 4 Wing PSP Recreation

## May 2026 Programs & Events



### Open Play

Start your morning with meaningful playtime at our Open Play program, designed for children ages 7 & under. Offered Monday to Thursday and Saturdays from 9:00am to 12:00pm at the Mackenzie Arts & Community Centre. This parent-supervised, drop-in program provides a welcoming space for families to connect and explore together. Kids can enjoy the gym area, climb and slide on the play structure, and engage in open-ended play. A designated area for babies ensures a safe and comfortable experience for our youngest participants. Proudly sponsored by Enbridge. DND – Free (with Identification) Non-DND- \$6 Drop In (per child), 5 pass \$25, 12 pass \$50

### Sip & Sign



Join us on Thursday, May 28, 2026 from 6:30 – 8:30pm for Sip & Sign: Plants & Prosecco! Enjoy a relaxed evening where participants will create their own succulent garden while enjoying a glass of bubbly. This hands-on event is a great opportunity to unwind, get creative, and spend time connecting with others in a welcoming setting. Defence Team: \$30 / Non – Defence Team: \$35

### June Is Recreation Month!

June is just around the corner, and that means Recreation Month is almost here! Our team is hard at work preparing a full lineup of fun, engaging activities for you and your family to enjoy all month long. From our Kick Off to Summer celebration, to exciting park activities and special events for our fur-family members, there will be something for everyone to look forward to. And that's just the beginning! Expect even more opportunities to get active, connect with your community, and make the most of the summer season. Stay tuned! Recreation Month is going to be full of fun, memories, and sunshine!

### No School Day Camp

Looking for something fun and engaging for your child on NLPS no-school days? Our No School Day Camp offers a full day of exciting activities including games, crafts, and hands-on STEM projects—all in a safe and welcoming environment. Camps run from 7:00am to 5:00pm, giving parents peace of mind and kids a day packed with creativity and fun. Join us for our next camp day on May 15, 2026. Proudly sponsored by Interpipeline.



DND - \$40 Non-DND- \$50

### We are hiring!

Scan the QR code for more details.



### 4 Wing RV Park & Campground

The 4 Wing Campground opens for the season on May 15, 2026, with bookings opening May 1, 2026. Reservations can be made in person at the Welcome Desk at Col J.J. Parr Sports Centre. Bookings are available to eligible Defence community members, including currently serving Regular and Reserve Force personnel, Veterans, DND Public Servants, NPF/MFRC/DRDC/DCC staff, Honorary Colonels/Commanders, Foreign Military serving with the CAF, and their families. Guests not falling under these categories must be sponsored by an authorized member and may book at any time during the open camping season. Camping fees are \$15 per night.

### Cold Lake Marlins are hiring!

**We're hiring Head Coaches and Group Coaches** who are passionate about youth sports and making a difference. **Schedule:** 3-5 days/week | 4:30-6:00 PM **Pay:** \$18-\$27/hour (based on experience) **Training:** Coaching courses fully paid by the club (for the right candidate) **Experience:** Coaching experience an asset; enthusiasm for working with youth required **Hiring periods:** April & October **Apply:** CLMARLINS@gmail.com Come make a splash and inspire the next generation of swimmers!

### PSP Summer Camp Registration

Registration is now open for PSP Summer Camp! Choose from 9 exciting, themed weeks, each packed with fun, creativity, and new adventures. Camps run Monday – Friday, 7:00 am to 5:00 pm (closed STAT holidays), offering flexible full-day options for busy families. Pick your favourite themes and get ready for a summer filled with friends and unforgettable memories!

Camp Fees:  
\$175 for Defence Team members  
\$300 for non-Defence Team participants



Register for Programs or Events with Univerus!

### RV Compound Renewals

RV Compound Renewal for Priority 4 continues until May 10, 2026 with Priority 5 and 6 starting on May 4-17 & 11-24, 2026. Use the QR code below for more information to submit your renewal.



### RV Compound

For more information on how to request, renew or withdraw from a site, please use the QR Code below:  
Priority 1 - Occupants of Single Quarters (SQs)  
Priority 2 - Military Members living in Residential Housing Units (RHUs)  
Priority 3 – DND and NPF Employees of 4 Wing living in RHUs  
Priority 4 – Military Members Employed at 4 Wing who are not occupants of RHUs or SQs  
Priority 5 – DND and NPF Employees of 4 Wing who are not occupants of RHUs or SQs  
Priority 6 – Retired Military members who are residing in the geographical area of Cold Lake



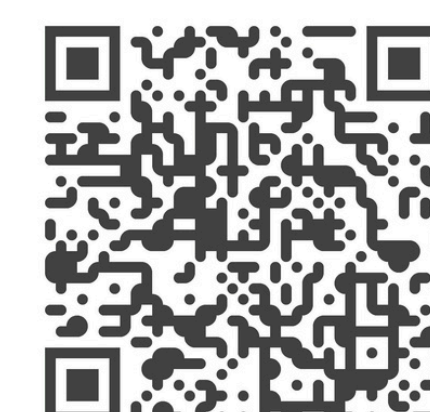
### Aquatic Schedule

Visit the QR Code for the most up to date aquatic schedule and pool information!



### Aquatic Leadership Courses

Scan the QR code for more details.



### Advanced Aquatic Courses

Bronze Cross – May 29 - 31, 2026  
Prerequisites: Bronze medallion and an Alberta workplace approved Intermediate First Aid

DND- \$250.00 Non-DND- \$275.00



### Karate

Our next karate session runs from April 14 – June 25, 2026, and is open to all levels, ages 6+. Participants will learn traditional Shotokan techniques in a supportive, structured environment. Come build strength, discipline, and new skills while having fun!



Keep an eye out for more events and programming on our social media!



# 4 Wing PSP Recreation

# May 2026

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



1  
 Waves & Wiggles

2

3  
 Tide & Tumble

4  
 Open Play  
 RV Compound Renewals: Priority 5

5  
 Open Play  
 Aquafit

6  
 Open Play  
 Aquafit

7  
 Open Play  
 Aquafit

8  
 Waves & Wiggles

9  
 Open Play

10  
 Tide & Tumble

11  
 Open Play  
 Aquafit  
 RV Compound Renewals: Priority 6

12  
 Open Play  
 Aquafit

13  
 Open Play  
 Aquafit

14  
 Open Play  
 Aquafit

15  
 No School Day Camp  
 Waves & Wiggles

16  
 Open Play

17  
 Tide & Tumble

18  
 Aquafit

19  
 Open Play  
 Aquafit

20  
 Open Play  
 Aquafit

21  
 Open Play  
 Aquafit

22  
 Waves & Wiggles

23  
 Open Play

24  
 Tide & Tumble

25  
 Open Play  
 Aquafit

26  
 Open Play  
 Aquafit

27  
 Open Play  
 National Dog Walk Day

28  
 Open Play  
 Sip & Sign

29  
 Waves & Wiggles  
 Bronze Cross

30  
 Open Play  
 Bronze Cross

31  
 Tide & Tumble  
 Craft Cafe  
 Bronze Cross

**Preschool**
**Child**
**Youth**
**Adult**
**Family**
**All Ages**
**Event**
**Aquatics**