



Mental Health Counsellor

Full-time position

37.5 hours/week

\$43.26/hr

The Mental Health Counsellor offers brief short-term counselling and crisis intervention services including assessments and warm handovers/referrals to military and civilian service providers.

The incumbent must possess a strong understanding of the unique and often demanding challenges experienced by CAF members and their families and be prepared to develop and facilitate mental health workshops and support groups.

Qualified applicants possess the following:

- Completed Post-Secondary degree in Social Work, Counseling, Psychology from a recognized University;
- Minimum 2-year experience providing counselling with a community-based organization or social service agency;
- Understanding and sensitivity to the unique military lifestyle issues facing CAF members and their families;
- Experience and training using recognized evidence-based approaches for psychosocial services including crisis assessment and intervention techniques
- Experience in client assessment and case management
- Understanding and sensitivity to the unique needs of the military lifestyle
- Excellent organizational, interpersonal and communication skills;
- Excellent judgement, initiative and leadership skills;
- Ability to deal tactfully, courteously and effectively with the public and staff;
- Ability to work well independently and in a collaborative team environment;
- Experience in establishing, sustaining and fostering a network of community contacts;
- Proficiency in Microsoft Office; Internet, MS Teams, and Zoom;
- Valid Standard First Aid and CPR certificates;
- Prepared to work flexible hours inclusive of evenings and weekends;
- Ability to communicate effectively in both French and English.

Applicants are invited to forward their cover letter and resume by April 10th, 2026 at 4:30pm by email to BFRC-CFRB_HR@forces.gc.ca - Selection Committee – Mental Health Counsellor

The Borden Family Resource Centre is committed to improving access and opportunities for individuals with disabilities in accordance with the *Accessibility for Ontarians with Disabilities Act*. Accommodations are available on request for candidates taking part in all aspects of the selection process.

A criminal record check and vulnerable sector screening will also be required as a condition of employment for this position.

The Borden Family Resource Centre wishes to thank all applicants. Individuals being offered an interview will be contacted.