

# SUMMER BASE TEAM SPORTS



Please contact [LES.GILSON@FORCES.GC.CA](mailto:LES.GILSON@FORCES.GC.CA)  
or the Coach for more information  
**ALL SKILL LEVELS WELCOME!**

SPORT	DAY/TIME PRACTICE	COACH	REGIONAL DATES
Women's Slo-Pitch	Tue & Thu 1530 - 1700	MCpl Bourassa - <a href="mailto:annie.bourassa@forces.gc.ca">annie.bourassa@forces.gc.ca</a>	TBD
Men's Slo-Pitch	Mon & Thu 1430 - 1630	PO2 Vickers - <a href="mailto:dustin.vickers@forces.gc.ca">dustin.vickers@forces.gc.ca</a> Cpl Spencer - <a href="mailto:christopher.spencer2@forces.gc.ca">christopher.spencer2@forces.gc.ca</a>	TBD
Men's Soccer	Outdoor Soccer Fields Mon & Wed 1600 - 1800	Cmdr Gunn - <a href="mailto:tete.gunn@forces.gc.ca">tete.gunn@forces.gc.ca</a>	27-30 Jul @ CFB Kingston
Women's Soccer	Outdoor Soccer Fields Tue 1530 - 1730	MCpl Sheppard - <a href="mailto:chad.sheppard@forces.gc.ca">chad.sheppard@forces.gc.ca</a>	4-7 Aug @ CFB Kingston
Golf	No Set Schedule Playdowns 26-28 May	Les Gilson - <a href="mailto:les.gilson@forces.gc.ca">les.gilson@forces.gc.ca</a>	5-8 Jul @ CFB Borden
Ball Hockey	Tue & Thu 1530 - 1700	MWO Silva - <a href="mailto:virgilio.silva@forces.gc.ca">virgilio.silva@forces.gc.ca</a>	8-12 Jun @ CFB Borden